



# FYI

## FEBRUARY 2016

# Pleasant Grove



Utah's City of Trees

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Visit [www.plgrove.org](http://www.plgrove.org)

### Neighborhood Chairs

Learn more about Pleasant Grove and do some volunteer work.

Neighborhood Chairs are needed for these neighborhoods:

Big Springs and Little Denmark.

For information call

Libby Flegal at 801-785-7271.

### From Dave Thomas: Pleasant Grove Fire Chief

The close of 2015 gives us a chance to look back at the variety of data required by both federal and state agencies. Our average response to a medical emergency took 3 min and 6 sec. To respond to a fire emergency was 4 min and 4 sec. (Due to the ninety seconds it takes for a firefighter to don their protective turnout ensemble.)

Pleasant Grove Fire Department provides both the fire and medical services for our city. All of our personnel are state certified firefighters and we provide full paramedic level ambulance services. In 2015, we responded to 366 fire related emergencies. They ranged from devastating structure fires to a smoke or CO alarm sounding for unknown reasons. We responded to 1152 medical emergencies. Many of those patients were treated and released with proper medical advice. The majority needed more definitive care at a medical facility and were transported by ambulance with continued care in route.



Each month we received multiple calls for service simultaneously. We usually had the personnel and apparatus available to respond. On a few occasions, we were compelled to call on our neighboring fire departments for help.

Remember, if you are ever uncomfortable with an emergency situation, or just not sure what to do, CALL! We're glad to be of service any time - day or night. We have extraordinary men and women working for the P G Fire Department and it is a privilege to serve this wonderful community.

Finally, please follow along as we build a 96 hour emergency preparedness kit. Visit [www.pgcity.org](http://www.pgcity.org), under the FIRE tab.

Please be safe! ~Fire Chief Dave Thomas

### Build a 96 Hour Kit



This Month's Subject is **Emergency Food Supply**. Visit [pgcity.org](http://pgcity.org) (Under the Police or Fire Tabs) for this Month's Article.

Brought to You by Your Public Safety Partners:  
**Pleasant Grove Police and Fire Departments.**

Face book: [www.facebook.com/plgrove](http://www.facebook.com/plgrove)

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Website: [www.plgrove.org](http://www.plgrove.org)

Twitter: [twitter.com/pleasantgroveut](http://twitter.com/pleasantgroveut)

City Offices: 801-785-5045

## Utah County Crisis Line.

### Volunteer and make a difference.

The Crisis Line, located in Provo, is a free listening and referral service for those experiencing a crisis of any nature. Each volunteer gives at least 3 hours of their time each week and lends a listening ear to members of our community.

For more information, please email [utahcountycrisisline@gmail.com](mailto:utahcountycrisisline@gmail.com).



## Mountainland HEAT

The Home Energy Assistance Target Program, known as **HEAT**, is open to applicants through April 30. This program provides a lump sum benefit to assist individuals and families pay higher energy costs during the winter season. Eligibility and amount of benefit is based on income, household size and composition. Applications are accepted by appointment, by mail or online. Contact us for more information at [801-229-3855](tel:801-229-3855), or [www.mountainland.org/heat](http://www.mountainland.org/heat).



## Living a Healthy Lifestyle

**USU Extension Food Sense and Snuck Farm** present a new series of classes about Living a Healthy Lifestyle. Classes will focus on healthy eating, improving physical activity and will include a recipe demonstration and sampling. Classes are **FREE!!** Come join us at **Snuck Farm** located at **504 West 1100 North**, Pleasant Grove. **Classes will be held the 4th Wednesday of each month.** Visit the [snuckfarm.com](http://snuckfarm.com) for more information.



## Pleasant Grove Mobile Pantry

Old Rec Center parking lot, 100 E 200 S, PG. Feb 23 from 10-11 am, or until food runs out. Examples include frozen items, produce, yogurt, bread and cereal. Items will vary.



UTAH FOOD BANK

## Senior Center

### SENIOR CENTER, 242 W 200 S, 801-785-2818:

Weekdays 8 am-1 pm. BINGO: Tue, 10:30-11:30 am. **Nurse:** 1<sup>st</sup> Wed, 10:30 am to check heart rate, blood pressure and Diabetes. **Lunch:** Mon-Fri at noon.

**Donations: Seniors \$3, guests \$6.**

Call a day in advance by 11 am.

## Strawberry Days Pageant

### MISS PLEASANT GROVE 2016 SCHOLARSHIP PAGEANT



LOOKING FOR CONTESTANTS TO  
**PARTICIPATE**  
(HIGH SCHOOL SENIORS & OLDER)

**APPLICATION  
DEADLINE**

FEBRUARY 8<sup>TH</sup> AT 5:00 P.M.  
CALL 801-361-7828 FOR INFORMATION!

PAGEANT TO BE HELD  
MARCH 19<sup>TH</sup> OF 2016

APPLICATIONS ARE ONLINE AT [PGCITY.ORG](http://PGCITY.ORG)

**WIN SCHOLARSHIPS  
TO THE COLLEGE OF YOUR CHOICE!  
WORKSHOPS & TRAINING TO HELP YOU!**

Face book: [www.facebook.com/plgrove](http://www.facebook.com/plgrove)

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## Alpine School District



**“CHILD FIND”** The Alpine School District Department of Special Education is attempting to contact persons with disabilities between the ages of birth and 21 in compliance with Federal law. If a child is having difficulty with vision, hearing, speech, behavior, is experiencing slow development untypical for his/her age, physical impairments, or learning difficulty, he/she may be child with a disability. If you know of any child whom you feel might qualify, please contact the principal of your school or the Special Education office of **Alpine School District at 801-610-8410.**

**CARSON SMITH SCHOLARSHIP:** If you are the parent of a child with an IEP enrolled in a public school, we are required by Utah Code Section 53A-1a-704(10) to inform you of the availability of a scholarship to attend a private school. **Further information is at:**

<http://www.schools.utah.gov/sars/Quick-Links/Carson-Smith-Scholarship.aspx>.

## LITERACY CENTER

**The Literacy Center** wants to help all children who need extra practice with reading. We currently have 60 students enrolled but only 55 have tutors. Caring individuals age 13 and up are invited to become volunteer tutors. For as little as an hour each week, you can make a difference in a child's life! We offer tutoring after school on Mondays-Thursdays.



## LIONS CLUB

**PLEASANT GROVE LIONS CLUB:** At Pleasant Grove's Health Fair, we were able to do 40 vision screenings. 182 children at the Funshine Learning Center received the screening. Early intervention is very important in sight preservation. The Lions Club would welcome members of the community to join with us in serving. We would also welcome input as to needs for service in the community. Contact Darlene at 801-785-2669 or any Lion member. Used glasses are still needed. Collection boxes are located at WalMart, CopyTec, the Library and the Senior Center.

Face book: [www.facebook.com/plgrove](http://www.facebook.com/plgrove)

Twitter: [twitter.com/pleasantgroveut](http://twitter.com/pleasantgroveut)

## AT THE LIBRARY

**TEENS:** Feb 12, 6:30 pm. **Anti-Valentine's Day!** Un-celebrate with cranky crafts, moody music, goofy games and treats that aren't pink!

**READ:** “Poems and Stories from the Heart” Presented by Etta McQuade. Feb 4, 10 am.

**BookEnders:** “The Fourth Turning” by William Strauss and Neil Howe, on Feb 24, at 7 pm.

**Parenting the Love and Logic Way™** A three day course, Thur Jan 28, Feb 4, 11th. Free, register at: <http://healthyrelationshipsutah.org>; 6:30 to 8:45 pm. Must be at least 18 yrs old and attend all three sessions.

**Cooking with Essential Oils:** Feb 10, 7 pm. Using essential oils can be a safe, natural option to protect and maintain your health.

### FOR KIDS:

**Twilight Tales:** Tues, 6:30 pm. A story hour for the whole family.

**Spanish Story Time:** Fri, 10:30 am. A bilingual story time for Spanish and non-Spanish speakers.

**Lego Club:** for elementary age. The 2nd & 4th Tue, at 4 pm.

**PAWS to Read:** Cuddle up with a dog and your favorite book. Children can read their favorite books to Peaches- a Reading Education Assistance Dog. Register at the desk one hour before the event. Wed at 3:30 pm.

**After School:** “Playing with Technology” Feb 18 at 4 pm, for elementary age. Tickets at the front desk 2 weeks prior to event.

**Great Reads:** for Girls is Feb 25, 7 pm. Fun and activities based on, *The Frog Princess* by E.D. Baker. For girls, age 8-16, with caring adult.

### **Registration for Spring programs starts Feb 8.**

**Rhythm and Song:** A music program for toddlers age 2-5, Mon at 10, 11 am, or 1 pm, Feb 22.

**Story Time:** Story Time starts Feb 23 and 24. Tue or Wed at 10, 11 am or 1 pm. Ages 3 - 6. Parents encouraged to stay with their children.

**Wee Read:** starts Feb 25. Register for Thur at 10 or 11 am. Ages 18-36 months with parent. Free 6 week session of stories, rhymes, songs and fun.



# UPCOMING EVENTS

Date and time	Name of Event	Location	Details
Feb 2, 6 pm	City Council	86 E 100 S	City Meeting
Feb 9, 6 pm	City Council	86 E 100 S	Work Session
Feb 10 & 17 7 pm	Public Safety Building	86 E 100 S	City Meeting
Feb 11, 7 pm	Planning Commission	86 E 100 S	City Meeting
Feb 15	President's Day		City Offices Closed
Feb 16, 6 pm	City Council	86 E 100 S	City Meeting
Feb 23, 10-11 am	Mobile Pantry	100 E 200 S	Food Bank
Feb 25, 7 pm	Planning Commission	86 E 100 S	City Meeting

## PLEASANT GROVE PLAYERS



**P G Players** to hold auditions for “12 Angry Men” by Reginald Rose, on Sat, March 5 from 1- 4 pm in the Keith Christeson Theater on the first floor of the PG Library (30 E. Center). Auditions will consist of cold readings from the script. No appointment is needed. Howard and Kathryn Little will be directing this production. “12 Angry Men” follows the deliberations of 12 jurors following the closing arguments in a murder trial. A guilty verdict means death for the accused, an inner-city teen. As the dozen men try to reach a unanimous decision while sequestered in a room, one juror casts considerable doubt on elements of the case. Personal issues soon arise, and conflict threatens to derail the delicate process that will decide one boy's fate. Needed are twelve adult men. Performance dates are April 22- May 9 on Thur, Fri, Sat and Mon evenings. There will also be a Sat matinee on May 7.

**Please call Kathryn Little at 801-836-8104 for more information.**

## PLEASANT GROVE REC CENTER

### **Registering for Toddler and Kid classes.** **We mix a little play with learning!**

**Ages 2-5:** Mom and tot class. Kids classes no moms required. Go on line for new pricing fees. New 4 month option is open for more registrations. Runs thru May.

**Toddler Gym:** Themed Play & Exercise Activities-6 Week Session. 20m-4yrs. Child must be accompanied by an adult. Come join us for some fun themed play.

**Go on line for more information. See new pricing and Punch card option.**

**\*\*New\*\* Daddy Daughter Date-** Feb 5<sup>th</sup>, dinner, games and dancing. Limited tickets available.



The Rec Center is looking for a **Part-Time Cooking Class Instructor**. Details are available on our website at [www.plgrove.org](http://www.plgrove.org).

**Valentine Cooking:** Feb 13<sup>th</sup> at 10 am to Noon. Come cook up a little fun and make a Valentine.

**See display on other classes offered at the Rec center.**

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**SPRING FUTSAL is HERE.** This modified indoor soccer sport is available for 1<sup>st</sup>/2<sup>nd</sup> graders and 3<sup>rd</sup>/4<sup>th</sup> graders. Games: Sat, indoors at the PG Rec Center. March 26-May 21. Register now.

**Spring Soccer registration** is going on now at the Rec Center or on-line for 5<sup>th</sup>-6<sup>th</sup> and 7<sup>th</sup>-9<sup>th</sup>.

There is a girls' and boys' league.

Games: 3 weeknight games, 5 Sat games. Single elimination tournament ends the season for all Spring Soccer leagues.

**Fly Tying Class opening.**

Fee: \$10.00 includes all supplies

Where: PG Rec Center

Sat, on-going as long as attended consecutively.

**Teacher:** Experienced fly fisherman and fly tying expert Ed Hallman.



**Job openings for Summertime help with**

**Kids Cooking Classes and Park it!**

**Call 801-785-6172**