

COMMUNITY NEWS AND EVENTS

Chamber of Commerce / Rotary Club

Share the Summer: From May 1- June 30 join with the Chamber of Commerce and Rotary Club of Mt Timpanogos to collect food, cleaning supplies, baby and hygiene items for Tabitha's Way Food Pantry. Bring donations to the Pleasant Grove-Lindon Chamber Office at 70 S 100 E, Pleasant Grove or your local Walmart and grocery stores in the marked bins. For a list of needed items or other ways to help visit tabithasway.com. For Questions please call **Cookie Conrad at 801-755-0101**.

Tabitha's Way: We provide free supplemental food. 920 E State RD, Suite C, A F, UT 84003 Bus Route 850. 801-692-1881.

Visit, sevrics@tabithasway.com. Hours: Tue-Fri 11 am-2 pm, Wed 6-8 pm, 1st and 3rd Sat 10 am to Noon. Closed Sun and Mon. **Bring ID.**



UTAH FOOD BANK

HEAT: Home Energy Assistance Target

HEAT, is open to applicants through April 30. Applications are accepted by appointment, by mail or online. Contact us for more information at 801-229-3855, or www.mountainland.org/heat.



Food Sense and Snuck Farm




Snuck Farms will present classes about Living a Healthy Lifestyle on the 4th Wed of each month. At 504 W 1100 N, P G. Visit snuckfarm.com.

Senior Companion Program

We are looking for seniors 55 or older, who would like to serve seniors in their community. Call **801-851-7767** for an application or questions. Check us out online at www.utahcountyhealth.org/seniorcompanion

2017 Seedling Tree and Shrub Sale

Orders can be placed until April 7. Forms are on the web at uacd.org. Click on the icon that says  **Alpine/Timp Nebo seedling tree sale or call 801-377-5580 ext. 121**. Orders available April 15

Tax Preparation Help

United Way Worldwide has partnered with H&R Block to provide free access to their tax preparation software for anyone who makes less than \$64,000 a year. This partnership is called My Free Taxes, and can be accessed by going to myfreetaxes.com. This free service is available online 24/7, and customer support is available to answer questions through email, phone, or live chat. Save up to \$500 on preparation fees. If you have any questions, contact United Way of Utah County at 801-374-2588.

Mountainland Association of Governments

Attend Ucare educational courses every 2nd Thur and OUR NEW class, every 3rd Wed of the month. These educational courses are a series of resources catered to Caregivers and the professionals who support them. Complementary meal and materials provided.

Thur, April 13: 12:30-1:30, Treeo Retirement Community, 250 E Center St Orem
Module 4: "The accessible home"

Lunch provided

Wed, April 19: 5:30-6:30pm, Beehive Homes of Provo 3144 W Center Street, Provo
Module 2: "Dementia and memory loss"

Dinner provided

RSVP to carepartner@mountainland.org or call **801-229-3818**

Scrap Metal Drive for Cancer

Saving Hope, 3 E Center St, PG. The dumpster is in back of the building at the north end of parking lot, it is a MCR dumpster **No fridges, propane tanks or ac**. Call **Trent Patton 801-636-2424**.