



DOMESTIC VIOLENCE REALLY HAPPENS HERE

The very thought of someone who has to live in fear in their own home is a concept that is hard to grasp. I guess that I've been lucky in my life to have avoided its direct effect on me. Every day however, people in our community are not so lucky, they live in situations where violence, abuse, threats and police responses are commonplace. Their kids live there too. It seems that there are no boundaries for these violent situations which affect every economic class, every age group, every marital status and every race. Abusers may be either male or female, young or old. No one's extended family seems to be immune. There are some common themes to the violence, things which seem to be contributing factors. Top of the list in our city, as always, are the old standby's, drugs and alcohol. These two seem to rear their ugly heads in every crime category. Also high on the list are stress, depression, economic hardship, jealousy, and mental illness. All of these other factors it seems are fanned to a flame when they are present in combination with drugs and/or alcohol. No one wants to believe that this happens. Denial for us is a major hurdle to overcome as a community. In case you have a hard time believing that this happens here, I have included some actual, direct quotes from police reports. All of these incidents happened right here in our little city. All of these and many more happened within the past 30 days.

"_____ had pushed her to the ground, jumped on her and hit her" Alcohol involved both parties, children present.

"_____ used a wooden rod and hit _____ on her right calf 3 times leaving large red welts." Jealousy/Sexual, Alcohol involved both parties, children present.

"Officer _____ was first on the scene and witnessed the two of them throwing punches at each other." Alcohol, financial

"I said, I don't want to argue and _____ hit me with an open hand across my face twice." Jealousy/Financial

"_____ threw and shoved _____ to the ground and tried to throw _____ down the stairs." Drugs and alcohol.

"_____ tried to make a phone call and _____ took the phone away from her and broke it in half." Financial, Children present.

"_____ could see the girl on the ground and _____ walking to the house with a child. The girl got up and followed him hitting him repeatedly on the back." Jealousy, Child present.

"_____ hit _____ on the neck and kicked him both in the groin and legs." Drugs and alcohol.

"_____ hit her in the face. They were wrestling around and _____'s glasses were broken. She admitted to ripping his shirt." Jealousy/Sexual, Alcohol.

What can we do to stop this? The first suggestion is to protect yourself. Talk with someone you trust: a friend or relative, a neighbor, coworker or religious advisor. Tell your physician, nurse, psychiatrist or therapist if bad things are happening to you. Call a local domestic violence agency. Call the police if you are in danger. Remember, you know your situation better than anyone else. The second suggestion is to be open, approachable and aware of what is going on around you. Observe behavior and warning signs in friends and neighbors that concern you and then take some action. Warning signs may include obvious marks or bruises, withdrawal from normal behaviors, increased drinking or drug use, cancellation of invitations or social events, verbal arguments, children who suddenly can't come over or play anymore and stay close to or in the home or obvious displays of fear. Remember, delicately approach the person as a friend if it's safe to do so. Contact a social service agency like DCFS (1-800-897-5465 or the Police Department (801-785-3506 or 911) to get them help if you don't think it's safe.

We have to do something before it's too late. Someone you care about may be surviving every day waiting for someone to talk with.

Captain Cody Cullimore, Pleasant Grove Police

MAYOR'S MESSAGE

It was a great August with the ground breaking of the new Recreation Center and the Embassy Suites Hotel, Convention Center, and Spa. We were honored to hear from John Q. Hammons, and to have so many dignitaries from around the State in attendance. We were especially happy to see so many residents come out and support these events.

Around the 15th of September, you should be able to drive on the new 2000 West from Pleasant Grove Boulevard to State Street in Lindon. The traffic signals will be moved from Sam White's Lane (700 S) to the intersection of 2000 W and PG Blvd.

On Friday, September 21, at 10:00 a.m. Pleasant Grove residents are invited to attend a Triple Groundbreaking Ceremony. Three major office buildings will begin construction that morning.

Dennis M. Baker, a major property owner in The Grove will begin construction that morning on a campus of five Class A office buildings comprising 320,000 square feet.

The first building, named Grove Creek Center One will be a four story, 80,000 square foot Class A office building. Over half of the building is already leased as the corporate headquarters for Horrocks Engineering, a major civil engineering firm. The building will be constructed 900 feet north of BMW of Pleasant Grove.

A second Grove Creek Center building will also get underway September 21. The 16,500 square foot, two story property is being constructed exclusively for the University of Phoenix. It is to be located immediately north of BMW.

Rounding out the Triple Groundbreaking that morning will be a new building constructed by Central Bank. They plan to build 10,000 square feet on two floors. It will be located on the northeast corner of Pleasant Grove Boulevard, and the new road, which some call "2000 West," but which will officially be named "Mt Timpanogos Parkway." Central Bank will occupy the entire first floor. Tenants are being sought for the second floor.

Logistics for the Triple Groundbreaking will be interesting that morning and perhaps even entertaining. The first groundbreaking event will be at the site of Central Bank. It is scheduled for 10:00 a.m. Immediately following the shovel ceremony there, visitors will be shuttled a half-mile to the west to the site of Grove Creek Center One, the engineering building. Following that groundbreaking ceremony, visitors will be shuttled again, this time 900 feet south to the future campus of University of Phoenix.

It is planned that the entire Triple Groundbreaking Ceremony will be accomplished in 90-minutes. Mark your calendar and come be part of history as The Grove begins to blossom with three new properties which will enhance Pleasant Grove's business community.

I want to thank those on the City Council, the staff, and community who have supported us in making these dreams a reality. Pleasant Grove is on the move with job creation, shopping, dining, and recreation. This is what you asked for. Now it is happening.

Thanks again for all you do as citizens to make Pleasant Grove such a great place to live. Because of you, many good things are happening. Keep your comments and questions coming to Mayor@PGCity.Org.

Michael W. Daniels, Mayor

WATER RESTRICTIONS: NO OUTSIDE WATERING WEDNESDAYS AND SUNDAYS

There will again be a restriction on outside watering with secondary and culinary water on Wednesdays and Sundays (midnight to midnight) until further notice. Please set your sprinkler systems to not run on those days. The purpose of this is for water conservation. Citations will be given to those that violate this restriction.

FREE ENGLISH AS A SECOND LANGUAGE (ESL) CLASSES

You are invited to learn English! Beginning, intermediate and advanced classes are being offered starting Tuesday, September 18, 2007 from 7 to 8:30 p.m. at Pleasant Grove Junior High School at 810 North 100 East in Pleasant Grove. We will be meeting in the downstairs lunchroom. Free child care will be provided.

ESL: INGLES COMO SEGUNDO IDIOMA

Uds. Son invitados a aprender ingles. Principio, Intermedio, Superior Clases.

September 18 Martes. 7:00-8:30 pm. Cuidado de los Ninos disponible y gratis

Pleasant Grove Junior High School
810 North 100 East

(Entren por la puerta del comedor de la planta baja)

PLEASANT GROVE HISTORICAL COMMISSION

The Pleasant Grove Historical Commission has now published their "History of Pleasant Grove," Volume III at a cost to the public of \$15. Volume I is currently being printed. Volumes I and III will be available at Heritage Days on September 8, 2007.

ROAD WORK ON 200 SOUTH

The Public Works Department want residents to know they are currently going up from 300 East to 1700 East on 200 South replacing culinary water services where needed and making sure all other utilities are installed in this area. We are going to pave 200 South and 300 East to 1700 East this budget year. A moratorium will go into place when the paving is complete. This means there will be no digging in the road for five years. This is the beginning of the current road repairs in the city. There will be many more to follow. For further questions or concerns please call the Public Works Department at 785-2941.

ILLEGAL BURNING: No burning of weeds or refuse is allowed in the city. This is a Federal law and only small, recreational fires are allowed. If you have questions, contact the Fire, Police, or Community Development office.

NEW UTA BUS ROUTE

UTA is pleased to announce the new bus route #807, which is the Pleasant Grove/Cedar Hills/Highland/Alpine to Salt Lake City express. Service started on this route on August 27, 2007. The Route 807 Express will provide direct express bus service from the northeastern part of Utah County directly to downtown Salt Lake City. This route will have two northbound buses in the morning and two southbound buses in the afternoon, serving residents of Pleasant Grove, Cedar Hills, Highland and Alpine.

The approximate time to board the Route #807 (traveling northbound from Pleasant Grove to downtown SLC) is at 5:45 a.m. and 6:24 a.m. It will reach downtown SLC at 7:15 a.m. and 7:45 a.m. The return times traveling southbound from downtown SLC back to Pleasant Grove are at 4 p.m. and 4:30 p.m.; reaching Pleasant Grove at 5:14 p.m. and 5:44 p.m. The cost of a one-way express bus fare went up on July 1, 2007 to \$3.25, or a monthly unlimited express bus pass is \$107. For additional route and schedule information, go to www.rideuta.com or call 1-888-RIDE-UTA.

CROSSING GUARDS NEEDED

Pleasant Grove City, Dept. of Public Safety, is accepting applications for school crossing guards for Grovecrest Elementary and the Junior High. Applications may be picked up and submitted at Police Dept., 87 E. 100 S., Pleasant Grove, UT., 84062. Closing, Aug 29, 2007 by 5 p.m. Contact, Lt. Nielsen, 801-785-3506. EOE.

MEET THE CANDIDATES!

Come meet the candidates, hear them answer your questions, and see where they stand on the issues that matter to you. There will be formal question/answer session moderated by the League of Women Voters and then afterwards a meet and greet with the candidates. It will be held Thursday, September 6th, 7 pm, downstairs in the library (South entrance). Please submit your questions at the front desk of the library. We look forward to seeing you there.

Sponsored by the Pleasant Grove Library Board and the Pleasant Grove Kiwanis Club.

WEED ABATEMENT: Please keep yards and vacant lots free of weeds. These create fire hazards and also spread the seeds to neighboring residences.

LIBRARY NEWS

Fall programs at the Pleasant Grove Library

Program flyers may be found at the front desk or you may check on the website. Complete schedules of this year's reviews will be available at the library. For further information call Tammra Salisbury at the library at 785-3950.

This fall we're offering "Glad Rags" Story Time, Wee Read, and the ASAP (After School Activity Special). We are also offering Twilight Tales on Wednesday evenings and the very popular Spanish/English Story Time, as well as the R.E.A.D. Book Review.

★★ For further information on library programs, ★★
visit www.plgrove.org

COMMUNITY ACTION WEEK: CELEBRATING SELF-RELIANCE, OCTOBER 1-5, 2007

Do you have an adequate food storage? Have you planned for your retirement? Now is the time to act! To celebrate its 40th anniversary, Community Action Services and Food Bank will hold Community Action Week: Celebrating Self-Reliance, from October 1-5, 2007. Community Action Week will feature a variety of activities to build self-reliance, sponsored by local partners. Throughout the week, orange ribbons will be worn and displayed in the community to promote self-reliance. If you want to learn more about this one-of-a-kind celebration or would like to get involved, please visit www.CommunityActionUC.org or call 801-373-8200.

"ABSENTEE AND EARLY VOTING."

Early voting for the Pleasant Grove City Municipal Primary Election, which began on Tuesday, August 28, 2007, at Pleasant Grove City Hall, 70 S. 100 E., Pleasant Grove, UT will continue each weekday, from 8 a.m. to 5 p.m. until Friday, Sept. 7, 2007; except for Monday, September 3, 2007, when the City Offices are closed. Absentee voting is now available through Monday, Sept. 10, 2007, also at City Hall. Applications for absentee ballots can be completed anytime prior to Election Day.

The Municipal Primary Election will be held on September 11, 2007.

SIGNS: City code requires all signs to have permits. Illegal signs will be removed and the owner will be billed \$47.00 for each one taken down. Contact Community Development for permits.



Pleasant Grove City's 157th Birthday

Heritage Festival

in Historic Downtown Park

Saturday, September 8, 2007

8

21-Gun Salute
Veterans of Foreign Wars of the U.S.

Downtown Park

8-10:30

Lions Club Breakfast
\$4/Adult \$3/Child
Purchase tickets at City Hall, Community
Development Office, or Public Library
Bring & donate old eyeglasses & hearing aids

Downtown Park

12-2

Fire Department Competition

Downtown Park

12-6

Quilt Show

Recreation Center

3-5

Pioneer Activities
Mountain Man Displays
Historic Walking Tours
Past, Present, & Future of
Pleasant Grove Displays
Public Safety Displays

Downtown Park

DUP Museum Tours

Old Bell School

Kiwanis "Hog Heaven" BBQ Cook-Off

Taste-testing at 4:00 Judging at 4:30

5-7

Dinner

Downtown Park

Advance purchase: \$7/person

Day of event: \$8/person

Purchase tickets at Purple Turtle, Edward Jones,
Smith's Drugs, & City Hall

Community Service Awards

Entertainment by *Mama's Boys*

5:30-6:30 p.m.

Volunteers needed!
Contact
Cindy Boyd
836-8064



GREETINGS FROM YOUR FIRE CHIEF

Most of you probably don't know this, but within the weeks of September resides a single week set aside to honor those that provide Emergency Medical Services. These folks include the Doctors, Nurses, and other staff members of Hospital Emergency Departments. It also includes the men and women of pre-hospital emergency response crews like Paramedics, Emergency Medical Technicians, Firefighters, and Police Officers. And, we can't forget the Dispatcher. They often play magician, answering several calls from citizens, dispatching units, and trying to accomplish everything the on-scene commander asks of them, simultaneously. It is a magic act that includes a full set of balancing act skills. You've heard me say it before, but I think my people - hold it - your people - are some of the best there are.

Let me share with you a day in the life of an emergency worker.

At 6:00 am, the day crew begins.

At 7:40 am, the 1st call of the day - a traffic accident on I-15. The first arriving paramedic finds a single vehicle has left the roadway and rolled down the side of the southbound lanes. There are two occupants still inside the car, both received head injuries along with other soft tissue trauma, but their skeletal system appears to be intact. The medic calls for a second rescue/ambulance and places a medical helicopter on stand-by. With more help on the way, the medic now finds access to the upside down car and worms his way inside. As he checks the driver, he recognizes the significance of his injuries, but knows the responding units and the local hospitals can handle him, so he contacts dispatch and instructs her to cancel the helicopter. He also requests fire units with heavy extrication equipment on board - the doors on this car will need to come off in order to remove the patients. As he works with the patients, a police officer feeds him supplies from outside the car.

Other units arrive, and before long, the sound of crushing metal is heard as the extrication begins, all choreographed by the on-scene commander. The first patient is placed on the stretcher - IVs in place and running, oxygen flowing, lacerations bandaged, and his spine immobilized - and moved into a waiting ambulance for a ride to the nearest hospital. Another crew continues to work on the second patient, and readies him for transport to the hospital via a second ambulance. The total on-scene time = 28 minutes. A little long, but this was an especially difficult extrication, and it took just a little longer than normal.

Once patients are delivered to the hospitals, and the equipment is readied for service, the units are ready for the next one. The only thing left is the paper work.

At 11:21 am, the next call comes in. Imminent delivery. A baby! At 8:00 am this morning, things were moving very slowly, but now it's time to go and hubby is still on his way home from work. I'm sure he's obeying every traffic law as he calmly navigates through the streets to home. He won't make it, and the baby won't wait. An outsider might be surprised by the calmness that arrives with the medical staff. Someone tends to mom, giving her instructions and counsel. Another person makes preparations for the baby, and one person prepares for the birth. It goes very well, and mom and the baby are doing just fine. By-the-way, it's a boy!

At 2:01 pm, a call for a burn patient comes in. It's at an industrial area, and it's bad. A helicopter is called, because this patient will need to go to the burn center at U of U Hospital. This one is a tough one, but we line up our ducks right off the bat and play it by the numbers (please excuse the mixed metaphors). It goes well. After the helicopter arrives, we take just a minute, working together with the medical crew from the helicopter, to perform some advanced procedures, and secure a solid airway by chemically paralyzing the patient and inserting a tube into his trachea. Now, he's out of pain, and he's ready to fly.

You would think that this would be enough for one day. But our days don't end at 5:00 pm. There are still patients with heart attacks, diabetic problems, bicycle crashes, and yes, more often than we like to talk about, deaths.

Emergencies don't take days off, and they don't adhere to a schedule. Sure, some days are slower than others, but more often than not, interspersed between the slow times, are some very serious calls. Every call is unique. Every call is important. Every patient is a real person. And every person deserves the best care available. As your Fire Chief, it is my number one goal to ensure that each call for service, a big complicated emergency or a more simple "I've fallen and I can't get up" call, be handled to the best of our ability, using top notch skills, compassion, and a caring attitude. It's like what we tell children when they visit the fire station, "Now that we've met and gotten to know each other, we're buddies, friends. Friends don't do things to harm friends, like playing with matches." Well, I feel the same about each of you. We're friends, and friends take care of friends. So, if you ever need our services, please know that the people that arrive in all those shiny trucks with flashing lights and sometimes making a lot of noise, are friends and we'll do our best to take good care of you, because we're friends and friends take care of each other.

Be safe and take care.

Chief Marc Sanderson

FROM THE DUP MUSEUM

Sadly summer is almost over. We have been busy at the Museum and the Log Cabin. I hope that we have seen you there but if we haven't yet, maybe you will come on HERITAGE DAYS, on the 8th of Sept. We will not be open the usual hours but from 3PM to 6PM. Perhaps that will fit your schedule better. We have had a run on Sun Bonnets that tells us that the young people are having the choice experience of the "Trek". Most of our Sun Bonnets are made by Shirley Swenson and Ruth Bezzant and a few by me. We have also experienced a brisk sale of "Leavin's" Dolls made by Lena Wilson. All the Docents enjoy meeting all of you including the School Children, Scouts, Cubs, Achievement Day Girls, and you who are seeking your ancestors. Thank you for your Participation and The City for its help.

Beth Edvalson, Director

RECREATION NEWS

Chef Class 8 - Come cook a meal from start to finish

Toddler Class - Registration for Fall 2007-2008 Season. We mix a little play with learning activities.

Toddler Gym Classes - Start August 29, 10:30-11:30 am

New after school Chess Club is an opportunity for kids to develop critical thinking skills while mastering the fundamentals of chess.

Flag Football, Volleyball, Cheer & 2nd Grade basketball registration is now over... we may still have openings available in some divisions. Call down to the recreation department @ 785-6172 to check on openings.

SEPTEMBER REGISTRATION INFORMATION:

Itty Bitty Ball, Cross Country Club, Youth Wrestling, Competitive Jr. Wrestling Club, Men's Basketball, Women's Basketball, Gymnastics
MARK YOUR CALENDARS FOR:

- Friday, October 26th - Monster Mash Jr. High Age Dance
- Tuesday, Oct. 30TH - PG Recreation Pumpkin Feast "Fun for the whole Family...dinner, games, contest & prizes".

★★ For further information on recreation programs, ★★
visit www.plgrove.org

CLEAN OUT THE CABINET

The purpose of the Clean Out The Cabinet campaign is create awareness about the misuse/abuse of prescription and non-prescription medications. The goal is to encourage residents of Utah County to dispose of expired, unused prescription medications or lock them up.

Contact your pharmacy to see if you can return any unused prescription medications to them for property disposal. For guidelines to dispose of medications, visit; www.cleanoutthecabinet.org. For more information, please contact Utah County Substance Abuse at 801-851-7127.

BEAUTIFICATION COMMISSION'S YARD OF THE MONTH—AUGUST

Little Denmark	Dale and Carla Millar, 102 N. 200 W.
Mud Hole	Maurine Lindsay, 645 N. 960 W.
Battle Creek	Fox residence, 650 S. 1300 E.
Big Springs	Race and Marci Wentz, 1229 N. Murdock Dr.
Grove Creek	Ron and Shannon Laudie, 1020 N. 730 E.
Manila	Ryan and Mary Richards, 2992 N. 1350 W.
Monkey town	Newell and Reva Adamson, 292 North 400 East
North Fields	Dennis and Marty Adamson, 1529 N. 390 W.
Old Fort	Darin and Cheryl Bullock, 110 S. 400 E.
Scratch Gravel	Grant Sumsion, 938 Center Street
String town	Jason and Robin Bullock, 688 E. 950 S.