

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><u>Pleasant Grove Senior Menu</u></p> <h1 style="font-family: cursive;">August 2015</h1>				<p>Donations: \$3 Seniors \$6 Guest Call 1 day in advance. 801-785-2818</p>
<p>3 Chicken Alfredo with Noodles (25) Green Beans (5) Pears (15) Roll (15) Low Fat Milk (12)</p>	<p>4 Pork Rib Sandwich (10) Hoagie Bun (15) Potato Wedges (15) Corn (5) Jell-O with Fruit (15) Low Fat Milk (12)</p>	<p>5 Hawaiian Haystacks Tomato, peas, celery, onions, coconut, black olive, cheese Rice (30) Calif. Blend Vegetables (5) Banana (15) Low Fat Milk (12)</p>	<p>6 Spaghetti & Meat Sauce (35) Peas & Carrots (5) Garlic Bread (15) Fruit Cocktail (15) Brownie (25) Low Fat Milk (12)</p>	<p>7 Baked Ham (5) Cheesy Potatoes (15) Beets (5) Apple (15) Roll (15) Low Fat Milk (12)</p>
<p>10 Country Fried Steak with Gravy (10) Mashed Potatoes (15) Mixed Vegetables (5) Orange (15) Roll (15) Low Fat Milk (12)</p>	<p>11 Chicken Pot Pie with Vegetables & Gravy (30) Green Salad (5) Tropical Fruit (15) Brownie (25) Low Fat Milk (12)</p>	<p>12 Beef Taco Salad (40) Tortilla chips, lettuce, tomato, beans, cheese, dressing, salsa and sour cream Pears (15) Low Fat Milk (12)</p>	<p>13 Chicken Nuggets (10) Potato Wedges (15) Corn (5) Banana (15) Roll (15) Low Fat Milk (12)</p>	<p>14 Roast Turkey (10) Potatoes & Gravy (15) Calif. Blend Veg. (5) Peaches (15) Roll (15) Low Fat Milk (12)</p>
<p>17 Sweet & Sour Chicken with Rice (30) Stir Fry Vegetables (5) Mandarin Oranges (15) Roll (15) Low Fat Milk (12)</p>	<p>18 Chicken Wrap (15) Pasta Salad (15) Pickle Spear (15) Pears (15) Low Fat Milk (12)</p>	<p>19 Hoagie Sandwich (25) Ham, turkey, cheese, lettuce, tomato and pickle Coleslaw (15) Orange (15) Chips (10) Low Fat Milk (12)</p>	<p>20 Lasagna (25) Green Beans (5) Green Salad (5) Apple Crisp (35) Roll (15) Low Fat Milk (12)</p>	<p>21 Roast Beef (10) Baby Red Potatoes (15) Peas & Carrots (5) Peaches (15) Roll (15) Low Fat Milk (12)</p>
<p>24 Salisbury Steak (10) Potatoes & Gravy (15) Carrots (5) Pears (15) Roll (15) Low Fat Milk (12)</p>	<p>25 Meatloaf (10) Potatoes & Gravy (15) Peas (5) Fruit Cocktail (15) Roll (15) Low Fat Milk (12)</p>	<p>26 Chicken Enchiladas (25) Corn (5) Green Salad (5) Peach Crisp (35) Low Fat Milk (12)</p>	<p>27 Sloppy Joe (35) Hamburger Bun (15) Mixed Vegetables (5) Applesauce (15) Low Fat Milk (12)</p>	<p>28 Roast Pork (5) Scalloped Potatoes (15) Beets (5) Orange (15) Roll (15) Low Fat Milk (12)</p>
<p>31 Beef Stroganoff with Noodles (20) Peas & Carrots (5) Peaches (15) Roll (15) Low Fat Milk (12)</p>	<p>Menu is subject to change</p>			