


Monday	Tuesday	Wednesday	Thursday	Friday
Alternate Meal Schedule (Senior Center Lunches Only)			Suggested donation \$3/meal Low fat milk (12) is provided with each meal	Menu subject to change Number in parentheses represent carbohydrate count
<u>Turkey Sandwich with Soup:</u> Jun 10-11 Vegetable Beef Jun 12-14 Chicken Noodle	Jun 24-25 Cream of Broccoli Jun 26-28 Chicken Noodle	<u>Salad:</u> Jun 3-7 Jun 17-21		
3 Malibu Chicken with Honey Mustard Sauce (08) Au Gratin Potatoes (22) Broccoli (04) Fresh Baked Roll (16) Fruit Cocktail (14) Chocolate Brownie (23)	4 Ham and Turkey on Hoagie Bun (24) Provolone Cheese, Lettuce, Tomato (15) Potato Chips (14) Mandarin Oranges (19)	5 Beef Stroganoff over Rice (34) Seasoned Carrots (06) Apple Crisp (67) Garden Green Salad (02)	6 Roast Turkey Breast (03) Garlic Mashed Potatoes & Turkey Gravy (25) Green Beans (02) Fresh Baked Roll (15) Fruit Fluff with Jell-O (28)	7 Smoked Ham and White Beans (03) Braised Cabbage (03) Fruit Cocktail (14) Corn Bread (28)
10 Swedish Meatballs (39) Rice (21) Broccoli (04) Navel Orange (22) Fresh Baked Roll (16) Cookie Bar (18)	11 Savory Chicken Salad Wrap (18) Italian Pasta Salad (20) Kosher Pickle Spears (00) Diced Peaches (19)	12 Kalua Pork (00) Hawaiian Rice (25) Seasoned Black Beans (14) Pineapple Tidbits (07) Fresh Baked Rolls (15)	13 Grilled Hamburgers with Fresh Baked Bun (15) Lettuce, Tomato, Pickles (02) Potato Salad (19) Sliced Pears (19) Pork and Beans (25)	14 Pasta Bake with Meat Sauce (25) Broccoli (06) Garden Green Salad (02) Fresh Garlic Roll (15) Apple Sauce (14)
17 Teriyaki Beef Bowl (08) Steamed Brown Rice (21) Fresh Steamed Broccoli (04) Pineapple (14) Fresh Baked Roll (15)	18 Oven Roasted Pork (00) Loaded Mashed Potatoes (15) Seasoned Diced Beets (06) Fruit Cocktail (14) Fresh Baked Roll (16) Cookie Bar (18)	19 NO MEAL 	20 Taco Salad with Beef (05) Black Beans with Cheese (20) Green Salad (02) Salsa (02) Ranch (02) Apple Sauce (14) Tortilla Chips (18)	21 Meatloaf (3) Garlic Mashed Potatoes & Gravy (30) Roasted Corn (14) Fresh Baked Roll (15) Navel Orange (22)
24 Country Fried Steak (4) Mashed Potatoes & Gravy (27) Mixed Vegetables (12) Fresh Baked Roll (15) Fresh Orange (22)	25 Creamed Chicken over White Rice (30) Green Peas (11) Fruit Cocktail (14) Cookie Bar (18)	26 Shepherd's Pie (79) Seasoned Carrots (06) Pears (12) Garden Green Salad (02) Chocolate Brownie (23)	27 BBQ Chicken (03) Au Gratin Potato (19) Baked Beans (26) Diced Peaches (19) Fresh Baked Roll (16)	28 Salisbury Steak (05) Garlic Mashed Potatoes and Gravy (26) Fruit Fluff with Cottage Cheese (28) Green Beans (02) Fresh Baked Roll (15)